PLANT FACT SHEET

Ephedra chilensis C. Presl.

GENUS *Ephedra* **FAMILY** Ephedraceae

COMMON NAMES Caman, Cuparra, Pingo-pingo, Solupe, Sulupe rojo

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw.

DESCRIPTION

A shrub. It grows 100 cm high. The branches are 1-3 mm across. The leaves are not easily seen. The flowers are green.

HABITAT

It is a temperate plant. It grows in Andean forest and Patagonian steppe in Argentina. In Chile it grows from 500 m to above 2,000 m above sea level. In Argentina it grows from sea level to 3,000 m above sea level. It grows in drier are with a winter rainfall of 400-800 mm. It grows in full sun. It suits hardiness zone 7. It can tolerate frost and snow.

NOTES

Also put in the family Gnetaceae.

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