PLANT FACT SHEET

Uapaca staudtii Pax.

GENUS *Uapaca* **FAMILY** Phyllanthaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A tree. It grows to 30 m high. The trunk is often short and crooked. It has stilt roots. The leaves are elongated and 20-50 cm long by 3-15 cm wide. They narrow towards the base. The fruit is fleshy and yellow. They are 2-3 cm long and wide.

HABITAT

A tropical plant. It grows along streams and in coastal forests in West Africa. It is sometimes considered a freshwater mangrove.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 2. Kew.

Dalziel, 1937,

Ferns, Useful Tropical Plants

JSTOR Global Plants edible

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 113

Vascular Plants of Korup National Park. korupplants.myspecies.info

Vivien, J. & Faure, J.J., 1985, Abres des forets dense d'Afrique Centrale. Agence de Cooperation Culturelle et Technique. Paris. p 206

Vivien, J., & Faure, J.J., 1996, Fruitiers Sauvages d'Afrique. Especes du Cameroun. CTA p 159

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/48ca642f-ff97-401b-a605-30dab465e0a4