PLANT FACT SHEET

Galium aristatum L.

GENUS *Galium* **FAMILY** Rubiaceae

COMMON NAMES Awned bedstraw

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. The lower stem has 4 edges. The leaves are narrowly sword shaped and 4-7 cm long by 3-5 mm wide. They narrow to the tip. They are greyish green underneath. The flower buds are erect and the crown is flat. The lobes are pointed.

HABITAT

It is a temperate plant.

NOTES

There are about 300 Galium species. There are 60 species in tropical America.

REFERENCES

Paoletti, M.G., Dreon, A.L., and Lorenzoni, G.G., 1995, Pistic, Traditional Food from Western Friuli, NE Italy. Economic Botany 49(1) pp 26-30

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/48f05589-1a12-4fb4-b1e7-bc07cc51dcf1