PLANT FACT SHEET

Lactuca sativa var. capitata L.

GENUS *Lactuca* **FAMILY** Asteraceae

COMMON NAMES Butterhead lettuce, Cabbage lettuce, Head lettuce, Iceberg lettuce

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

A herb. These variety of lettuces have leaves that are loosely folded. The inner leaves may be more pale.

HABITAT

It is a temperate plant.

NOTES

There are about 20 Lactuca species.

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