PLANT FACT SHEET

Uraria rufescens (DC.) Schindl.

GENUS *Uraria* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are cooked and eaten.

DESCRIPTION

An annual herb. It tends to lie along the ground or be slightly climbing. It grows 40-100 cm tall. The leaves have 3 leaflets. The leaflets are 3-8 cm long by 2-4 cm wide. There are hairs underneath. The flowers are small and yellow. The pods are small.

HABITAT

It is a subtropical plant. It grows in old paddy fields after harvesting or in other dried out soils. In southern China it grows on mountain slopes below 900 m above sea level.

REFERENCES

Patiri, B. & Borah, A., 2007, Wild Edible Plants of Assam. Geethaki Publishers. p 41

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/492d1d66-fe37-4e86-bc3c-3bf6e9011706