PLANT FACT SHEET

# *Eryngium falcatum* F. Delaroche

**GENUS** *Eryngium* **FAMILY** Apiaceae

**COMMON NAMES** Falcate eryngo

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The ring of leaves at the base are eaten in salads.

## DESCRIPTION

A herb.

## HABITAT

It is a Mediterranean climate plant.

## REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/495bc7b1-5c10-4a1d-b414-6e028f661f08