PLANT FACT SHEET

Monodora angolensis Welw.

GENUS *Monodora* **FAMILY** Annonaceae

EDIBLE PARTS AND USES

Edible parts: Seeds - spice

The seeds are used as a nutmeg substitute in soup, and with vegetables and meat.

DESCRIPTION

A medium sized tree. It grows 8-20 m tall. The trunk can be 40 cm across. The branches are low down. The leaves are 5-20 cm long and 3-5 cm wide. The flowers have petals 3-6 cm long and 2-3 cm wide. They have a scent. The fruit are round to cone shaped and 6-8 cm long by 5-7 cm wide at the base.

HABITAT

It is a tropical plant. It grows in humid forests.

PRODUCTION

Cultivation

Plants are grown from fresh seeds. The seed is soaked in cold water for 12 hours.

REFERENCES

Harris, D. J., 2002, The vascular plants of the Dzanga-Sangha Reserve, Central African Republic. National Botanic Garden of Belgium, 2002. – 274 pages p 44

Latham, P & Mbuta, A., 2017, Useful Plants of Central Province, Democratic Republic of Congo. Volume 2. Salvation Army p 45

Mawunu, M., et al, 2020, First Survey of the Edible Non-Wood Forest Products Sold in Uige Province, Northern Angola. European Journal of Agriculture and Food Sciences. Vol. 2, No. 6

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/496cbd9f-dc2a-43c4-94fa-d007e2e25d3f