PLANT FACT SHEET

Cola altissima Engl.

GENUS *Cola* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten fresh.

DESCRIPTION

A medium sized tree.

HABITAT

It is a tropical plant.

REFERENCES

Harris, D. J., 2002, The vascular plants of the Dzanga-Sangha Reserve, Central African Republic. National Botanic Garden of Belgium, 2002. – 274 pages p 202

Mosango M., Szafranski F., 1985, Plantes sauvages à fruits comestibles dans les environs de Kisangani (Zaïre). In: Journal d'agriculture traditionnelle et de botanique appliquée, 32e année, pp. 177-190

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/497d8d0f-108d-4775-9299-a25c4c479faf