PLANT FACT SHEET

Crepis tibetica Babc.

GENUS *Crepis* **FAMILY** Asteraceae

COMMON NAMES Khurman

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Bhattarai, S and Chaudary, R. P., 2009, Wild Edible Plants Used by the People of Manang District, Central Nepal. Ecology of Food and Nutrition, 48:1-20

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/497ea472-1995-4a02-981f-dc7eae471aa3