PLANT FACT SHEET

Dracocephalum parviflorum Nutt.

GENUS *Dracocephalum* **FAMILY** Lamiaceae

COMMON NAMES American dragon head

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A herb. It grows 90 cm high. The leaves are sword shaped and have large teeth. They have a few hairs. The flowers are pale blue to violet. They occur in spikes.

HABITAT

It is a temperate plant. It suits plant hardiness zone 7.

NOTES

There are about 45 Dracocephalum species.

REFERENCES

Gen. N. Amer. pl. 2:35. 1818

Lawton, B.P., 2002, Mints. A Family of Herbs and Ornamentals. Timber Press, Portland, Oregon. p 128

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/49fb9a76-2069-4581-b0e7-a4480c5fca08