PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Betula gmelinii Bunge

GENUS *Betula* **FAMILY** Betulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A shrub. It grows 3 m tall. The bark is dark grey. The branches are hairy. The leaves are oval and 1.5-4 cm long by 1-2.5 cm wide.

HABITAT

It is a temperate plant.

REFERENCES

https://en.wikipedia.org/wiki/List of wild edible plants in Mongolian cuisine

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4a1d4e36-d18f-4d17-97bf-a8cb70e58fd4