PLANT FACT SHEET

Globba spathulata Roxb.

GENUS *Globba* **FAMILY** Zingiberaceae

COMMON NAMES Yellow-tail swan flower

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root

The rhizome is cooked with meat.

DESCRIPTION

A ginger family herb. It has rhizomes. It grows 30-60 cm tall. The leaves 0-25 cm long by 3.5-5.5 cm wide. When young they are purple underneath. The flowers are in groups that can be 25 cm long. The flowers are purple and yellow at the end.

HABITAT

It is a subtropical plant. It has been reported at 2,300 m above sea level but is often between 1,200-1,500 m above sea level.

REFERENCES

Kar, A., et al, 2013, Wild Edible Plant Resources used by the Mizos of Mizoram, India. Kathmandu University Journal of Science, Engineering and Technology. Vol. 9, No. 1, July, 2013, 106-126 (As Mantisia spatulata)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4a2fe998-5baf-4703-8a55-3db379d4d94f