PLANT FACT SHEET

Edibility uncertain
It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Osbeckia stellata Buch.-Ham. ex D. Don

GENUS *Osbeckia* **FAMILY** Melastomataceae

COMMON NAMES Angeri, Asare phul

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves, Flowers, Root, Seeds

The ripe fruit are eaten fresh.
The leaves are used as a vegetable.
The flowers are eaten raw by children.

DESCRIPTION

A hairy shrub. It grows about 2 m high. The leaves have stalks. The young leaves are bronze colour. The leaves are sword shaped and have 5 veins. The leaves are 5-15 cm long. There are short hairs on both surfaces. The flowers are pink-purple. They occur in clusters. The fruit is oval. The outside is felted.

HABITAT

A tropical and subtropical plant. In Nepal it grows between 800-2600 m altitude. It is common in open places. It suits hardiness zones 10-12. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants are grown from seed.

Harvesting and Seed Production

In China plants flower in July to November and fruit October to December.

NOTES

There are about 60 Osbeckia species.

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