PLANT FACT SHEET

Cuphea hyssopifolia Kunth.

GENUS *Cuphea* **FAMILY** Lythraceae

COMMON NAMES Mexican false heather

EDIBLE PARTS AND USES

Edible parts: Leaves - medicine

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

NOTES

It has medicinal properties. It is rich in antioxidants.

REFERENCES

INFOODSUpdatedFGU-list.xls
Kew Plants of the World Online

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4a62d1e6-6ece-409b-ad59-61914a84e813