PLANT FACT SHEET

Rumex violascens Rech. f.

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Mexican dock, Violet dock

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled and eaten.

DESCRIPTION

A herb. It grows 30-75 cm tall. It can grow for 1 or 2 years. The leaves are 6-12 cm long by 3-4 cm wide. The flowers are at the top. There are 10-20 flowers in a group.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 499

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4a909e0b-c866-4a62-b725-a8f5c1faec93