PLANT FACT SHEET

Didelta spinosa (L. f.) Ait.

GENUS *Didelta* **FAMILY** Asteraceae

COMMON NAMES Thorny salad bush

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used in salads. They are also cooked.

DESCRIPTION

A shrub or dense narrow tree. It grows to 3 m high. The bark is pale brown and rough. It flakes off in long strips. The leaves are opposite and each pairs is at right angles to the next. The leaves are simple and broadly oval. They are 2-6 cm long by 1.3-5 cm wide. They are succulent. They can have cobweb like hairs. The edges are toothed with a spine at each tooth. The flowers are in daisy-like heads. They are yellow and 6 cm across. The fruit are small seed-like nuts.

HABITAT

It is a subtropical plant. It grows in stony desert areas. It grows in areas with an annual rainfall of 100-150 mm. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4ade1a35-be3c-4a1f-91f4-079745d91c3f