PLANT FACT SHEET

Stellaria apetala Ucria

GENUS *Stellaria* **FAMILY** Caryophyllaceae

COMMON NAMES Lesser chickweed

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten raw and added to salads.

DESCRIPTION

An annual herb. It is much branched and yellowish-green. The stems are about 10-20 cm long and lie along the ground. There is a single row of hairs between each pair of nodes. The leaves are pale green and oval. They are 1.5 cm long by 7 mm wide. The leaves towards the end do not have stalks. The flowers are in groups at the ends of the branches. The flowers are small and 203 mm across. The seeds are pale yellow and about 0.7 mm across.

HABITAT

It is a cool temperate plant. It usually grows in coastal sand dunes or sandy soil. In Argentina it grows below 500 m above sea level.

REFERENCES

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Galalaey, A. M. K., et al, 2021, Ethnobotanical study of some wild edible plants in Hujran Basin, Kurdistan Region of Iraq. ZANCO Journal of Pure and Applied Sciences. Salahaddin University-Erbil p 26 (As Stellaria pallida)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4ae4c8fc-9fb9-405d-bebf-1724d4e8e711