PLANT FACT SHEET

Malva verticillata var. crispa L.

GENUS *Malva* **FAMILY** Malvaceae

COMMON NAMES Curled mallow, Castillian mallow, Curled cheeseweed

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten as a vegetable. They are also used for garnishing and in soups.

DESCRIPTION

A herb. It grows to 1 m high. The stem is not branched. The leaves are alternate. The leaf stalk is 4-7 cm long. The leaf blade is round and usually with 5-7 lobes. The lobes are round or triangular and 5-8 cm across. They are papery. They are strongly wrinkled. The flowers are white. The fruit are flat and round and 8 mm across. The seeds are kidney shaped and 1 mm across.

HABITAT

A tropical plant. It grows in S China. In Sichuan and Yunnan.

NOTES

There are about 30 Malva species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4afb5ecf-e94a-4c40-aff0-feec9d4cc2f4