PLANT FACT SHEET

Carissa tetramera (Sacleux) Stapf

GENUS *Carissa* **FAMILY** Apocynaceae

COMMON NAMES Sand num-num

EDIBLE PARTS AND USES

Edible parts: Fruit, Roots

The fruit are eaten raw and also used for a drink.

DESCRIPTION

A shrub. It grows up to 3 m high. The spines are usually forked and 5 cm long. The leaves are 4.5 cm long by 2.5 cm wide. They are rounded at the base and also often at the tip. They are more pale underneath. The flower clusters are rather small. The fruit are round and 1 cm across. They are purplish-black and have 4 or 5 seeds.

HABITAT

It is a tropical plant. It grows in dry open woodland. It grows in coastal areas.

NOTES

There about 20-37 Carissa species. All Carissa species bear edible fruit. They grow in the tropics and subtropics.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4b195cc5-74a5-436e-ad73-8908d462a339