PLANT FACT SHEET

Aciphylla glacialis (F. Muell.) Benth.

GENUS *Aciphylla* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves

The young shoots are steamed and used in soups.
The roots are also eaten.

DESCRIPTION

A herb. It has rings of stiff pointed leaves.

HABITAT

It needs full sun and good drainage.

PRODUCTION

Cultivation

Plants can be grown from seeds.

REFERENCES

onecommunityglobal.org
Biocyclopedia Edible Plant Species biocyclopedia.org

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