PLANT FACT SHEET

Centaurium quadrifolium subsp. linariifolium (Lam.) G. Lopez

GENUS *Centaurium* **FAMILY** Gentianaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are used to make a herbal tea.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71 (As Centaurium linariifolium)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4b641ac4-0cae-493d-ad9e-9edc5419af4e