PLANT FACT SHEET

Myristica philippensis Lam.

GENUS *Myristica* **FAMILY** Myristicaceae

EDIBLE PARTS AND USES

Edible parts: Fruit - spice

DESCRIPTION

A tree. It grows 15 m tall. The trunk is 80 cm across. It can have small buttresses. The bark surface is cracked. The leaves are 18-45 cm long. The male flowering shoots are 6-10 cm long. The female flowers are 6-9 mm long. The fruit is a flattened round shape and 5-8 cm long.

HABITAT

It is a tropical plant. It grows up to 300 m above sea level in the Philippines.

REFERENCES

Reis, S. V. and Lipp, F. L., 1982, New Plant Sources for Drugs and Foods from the New York Botanical Garden herbarium. Harvard. p 74

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4b970d4a-d5af-4ee0-85d0-c8567963d8fb