PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Gunnera manicata Linden ex Delchev.

GENUS *Gunnera* **FAMILY** Gunneraceae

COMMON NAMES Giant rhubarb

EDIBLE PARTS AND USES

Edible parts: Stalks, Stems

The stems need to be peeled and boiled.

DESCRIPTION

A very large rhubarb like plant. It forms a clump of lobed, rounded leaves. The stems are spiny. They are up to 2.5 m tall. The leaves are 1.5-2.5 m across.

HABITAT

It is a temperate plant.

PICTURES



Credit: Food Plants International (Bruce French)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4b97986d-ef02-4cde-8a1b-0a73d0838727