PLANT FACT SHEET

Phymatosorus pustulatus (G. Forst.) Large, Braggins & P. S. Green

GENUS *Phymatosorus* **FAMILY** Polypodiaceae

COMMON NAMES Hound's tongue fern, Kowaowao

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

DESCRIPTION

A fern. It is a creeping or climbing plant. The rhizomes are long and creeping and 3-11 mm thick. The fronds are 5-75 cm long.

HABITAT

It is a temperate plant.

REFERENCES

Crowe, A., 1997, A Field Guide to the Native Edible Plants of New Zealand. Penguin. p 112

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4bac8fc3-356c-4a79-99b2-ceebb6d99732