PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Food Plants International: Leaves - caution

Cymbonotus preissianus Steetz

GENUS *Cymbonotus* **FAMILY** Asteraceae

COMMON NAMES Austral bear's ears

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are edible but peppery.

DESCRIPTION

A herb. It is a ground hugging daisy. It is flat. The leaves form a ring near the base. The leaves are thick and large with a long stalk. There are teeth around the edge. The leaves are green and wrinkled above and white and woolly underneath. There are 2 or 3 flower stalks. The flowers are yellow and in rays. The centre is yellow. They are 2 cm across.

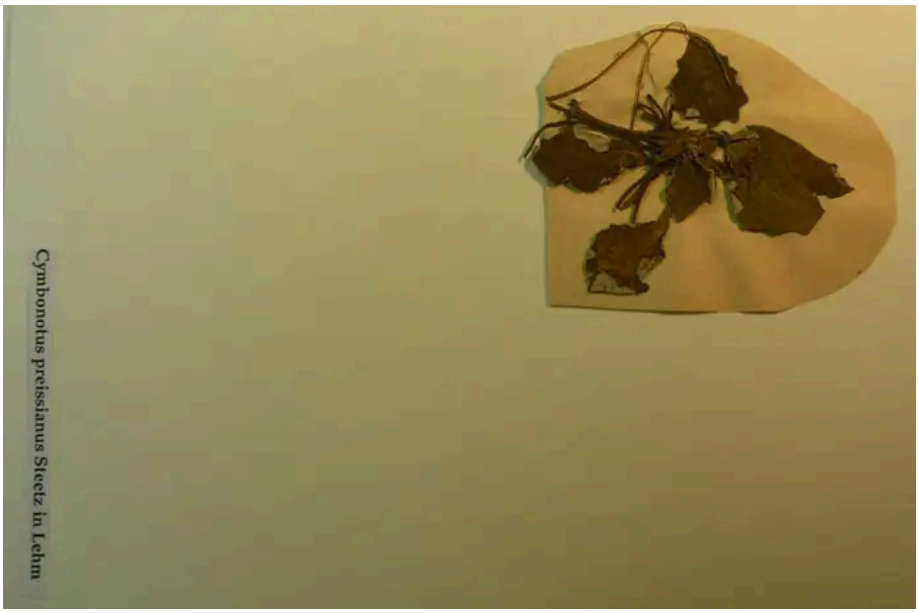
HABITAT

It grows in temperate places. Tasmania Herbarium.

NOTES

There are 2 Cymbonotus species.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)

REFERENCES

Gilfedder, L et al, 2003, The Nature of the Midlands. Midlands Bushweb. PO Box 156 Longford, Tasmania. p 78 (?preissianus)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4bdbe5ce-30e9-45f9-96b4-e552b609603a