PLANT FACT SHEET

Centaurea bimorpha Viv.

GENUS *Centaurea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Dop, M. C., et al, 2019, Identification and frequency of consumption of wild edible plants over a year in central Tunisia: a mixed-methods approach. Public Health Nutrition: 23(5), 782–794

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4bdc5e1a-d010-43c2-b2a6-0d687d49fe18