PLANT FACT SHEET

Edibility uncertain
It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Allocasuarina verticillata (Lam.) L. Johnson

GENUS *Allocasuarina* **FAMILY** Casuarinaceae

COMMON NAMES Mountain she oak, Drooping she oak

EDIBLE PARTS AND USES

Edible parts: Resin, Cones, Shoots

The soft young cones are eaten. Also the young shoots.

DESCRIPTION

A small tree. It grows up to 8 m high. It has many branches. It has a weeping habit. Male and female flowers are on separate trees. Male flowers are brown and on the ends of small branches. The fruit are woody cones. They are 2.5-4.5 cm long and 2-3 cm across.

HABITAT

It is a temperate plant. It grows on most types of soil. It can tolerate some waterlogging. It often grows on coastal cliffs. It suits hardiness zone 8-10. Arboretum Tasmania. National Arboretum Canberra.

PRODUCTION

Cultivation

Plants are easily grown from seed.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4be0ab4e-437f-43bb-bcfc-23087b0c85c1