PLANT FACT SHEET

Boerhavia plumbaginea Cav.

GENUS *Boerhavia* **FAMILY** Nyctaginaceae

COMMON NAMES Mota Sata

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A scrambling herb. The stems are tall, erect and smooth or hairy. The stems can be several metres long. They grow from a woody rootstock. The leaves have leaf stalks. The leaves are broadly oval and slightly fleshy. The flowers are trumpet shaped and white. They are in irregular groups. The fruit are 1.3 cm long and have warty sticky glands.

HABITAT

A tropical plant. It grows in dense woodland and on the edges of forests. It grows on sandy soils and alluvial plains. It is often near water. In Zimbabwe it grows up to 1,800 m above sea level.

NOTES

There are about 40 Boerhavia species. They are mostly in the tropics and subtropics.

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