PLANT FACT SHEET

Cruciata laevipes Opiz.

GENUS *Cruciata* **FAMILY** Rubiaceae

COMMON NAMES Crosswort

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A short, softly hairy herb. It keeps growing from year to year. It has a creeping rootstock. The stems are square. They are branched near the base. The leaves are in rings of four. They are oval and 12-20 mm long and have 3 veins. They are yellowish-green. The flowers are pale yellow and have a honey smell. The flowers are 2-2.5 mm wide and in clusters in rings at the base of the leaves. The fruit is round, smooth and hairless. They are black when ripe.

HABITAT

A temperate or Mediterranean climate plant. It grows in grassy habitats and mostly on calcareous soils.

REFERENCES

Blamey, M and Grey-Wilson, C., 2005, Wild flowers of the Mediterranean. A & C Black London. p 181

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4bf2cdcf-a7b9-4b4d-9c2c-48b961f3e1f4