PLANT FACT SHEET

Psilotrichum ferrugineum (Roxb.) Miq.

GENUS *Psilotrichum* **FAMILY** Amaranthaceae

COMMON NAMES Phti cheng bang kang

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten in soup.

DESCRIPTION

An annual herb. It grows 10-20 cm high. It branches from the base and spreads. There is a long space between the nodes. The leaves are narrowly oval and 2-8 cm long by 1-2 cm wide. The flowers are in spikes at the ends of the plants or in the axils of the leaves. The flowers are about 1 mm across. The seeds are black and shiny. They are 1 mm across.

HABITAT

A tropical plant. It grows in open places in tropical regions. It grows in humid places on hillsides. It grows between 1,000-2,000 m above sea level in southern China.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4bfd3ede-6c4d-406e-b30e-9eac4fc1374f