PLANT FACT SHEET

# *Elymus villosus* Muhl ex Willd.

**GENUS** *Elymus* **FAMILY** Poaceae

**COMMON NAMES** Silky wild rye, Hairy wild rye

## EDIBLE PARTS AND USES

**Edible parts:** Seeds, Cereal

## DESCRIPTION

A grass that keeps growing from year to year. The leaves are alternate and there are 4-8 leaves. The flower is on a single thick spike 4-15 cm long. The sheaths are hairy.

## HABITAT

It is a temperate plant.

## REFERENCES

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 82

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/4c1bcfcf-5990-4e6b-9826-38898517c1dd