PLANT FACT SHEET

Zygophyllum gaetulum Enb. & Maire

GENUS *Zygophyllum* **FAMILY** Zygophyllaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are used for herbal teas.

DESCRIPTION

A slightly succulent herb.

HABITAT

It is a temperate and Mediterranean climate plant. It grows in the dry desert.

NOTES

Medicine. It has anti-diabetic properties.

REFERENCES

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4c493fa9-7f18-4be2-ade9-6e0ccf60318d