PLANT FACT SHEET

Astrocaryum campestre Mart.

GENUS *Astrocaryum* **FAMILY** Arecaceae

COMMON NAMES Jariva, Tucum

EDIBLE PARTS AND USES

Edible parts: Fruit, Palm heart, Cabbage

The fruit are eaten.

DESCRIPTION

A solitary palm. The stems are short and often underground. There are 3-6 leaves. These arch over. There are 17-43 leaflets along each side. These are in irregular bundles. They spread in different planes. The flowering stalk is erect and among the leaves. It is short and compact and near ground level. The bract has a brown covering. There are also a few black spines. The flowering branches have 2-5 female flowers at the base. The fruit are oval and 3-3.5 cm long by 2-2.5 cm wide. They are orange or yellowish-green. They are smooth. The fruit are edible.

HABITAT

A tropical plant. They grow in coastal areas in open savanna. They grow in deep sandy soils. They grow from sea level to 1200 m altitude in South America.

NOTES

There are about 40-50 Astrocaryum species.

REFERENCES

Haynes, J., & McLaughlin, J., 2000, Edible palms and Their Uses. University of Florida Fact sheet MCDE-00-50-1 p 2

Henderson, A., Galeano, G and Bernal, R., 1995, Field Guide to the Palms of the Americas. Princeton. p 204

Janick, J. & Paul, R. E. (Eds.), 2008, The Encyclopedia of Fruit & Nuts. CABI p 89

Johnson, D.V., 1998, Tropical palms. Non-wood Forest products 10. FAO Rome. p 90

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 91

Zona, S., Heart of Palm Use: A Family Survey. p 1

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4c52dccd-021b-48bd-b85f-23d85dae9640