PLANT FACT SHEET

Polygonum polycnemoides Jaub. & Spach

GENUS *Polygonum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows each year from seed. The stems can lie along the ground and are 5-20 cm tall. The leaves are narrow and 5-13 mm long by 1-1.5 mm wide. There are 1-2 flowers in the axils of the leaves.

HABITAT

It is a temperate plant.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Tareen, N. M., et al, 2016, Ethnomedicinal Utilization of Wild Edible Vegetables in District Harnai of Balochistan Province - Pakistan. Pakistan Journal of Botany 48(3): 1159-1171

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4c8a4999-66d4-4d31-85bc-719523b4ed28