PLANT FACT SHEET

Ochna jabotapita L.

GENUS *Ochna* **FAMILY** Ochnaceae

COMMON NAMES Button Tree

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Fruit, Oil

The fruit are eaten raw. They are astringent.
They yield an oil used for salads.

DESCRIPTION

A shrub or tree. The leaves are simple and alternate.

HABITAT

A tropical plant.

NOTES

Ochnaceae are a tropical family.
The naming seems a little confused.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 331 (As Gomphia jabotapita)

Menninger, E.A., 1977, Edible Nuts of the World. Horticultural Books. Florida p 119 Also p 116 (As Gomphia jabotapita)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4ce91dda-3199-4097-9b19-6c888a67eb83