PLANT FACT SHEET

Actinidia strigosa Hook. f. & Thomson

GENUS *Actinidia* **FAMILY** Actinidiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit is eaten raw or cooked.

DESCRIPTION

A climber. The young branches and underneath the leaves have tough hairs. The flowers are in groups in the axils of leaves. The fruit are 3.5 cm across. They are oval.

HABITAT

It is a temperate plant. It grows naturally in the Himalayas at elevations from 1800 to 3300 metres in Sikkim.

NOTES

There are 40-60 Actinidia species. The Actinidiaceae are a mainly tropical family.

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