PLANT FACT SHEET

Holarrhena curtisii King & Gamble

GENUS *Holarrhena* **FAMILY** Apocynaceae

COMMON NAMES Tuk dahs

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten after quick cooking.

DESCRIPTION

A shrub. It grows 1-2 m tall. It has a rootstock that lasts from year to year and tufts of shoots develop from this. The branches are grey. They can have white dots. The leaves are narrowly oval and 2-10 cm long by 1-4 cm wide. They are rounded or wedge shapes at the base. They are hairy. The flowers are at the top. The flowers are white. The fruit are pale to dark brown and 11-33 cm long by 3-8 mm wide. The seeds are 8-14 mm long with a tuft of hairs at the tip.

HABITAT

A tropical plant. It grows in clear forests on sandy soils. It can grow in mangrove swamps or savannahs. It grows from sea level to 400 m above sea level.

NOTES

The leaves are used to treat Leishmania.
The pods are probably used against stomach worms.

REFERENCES

Phon, P., 2000, Plants used in Cambodia. © Pauline Dy Phon, Phnom Penh, Cambodia. p 345

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4d341611-421a-42b7-a336-c49a50815048