PLANT FACT SHEET

Thalictrum occidentale Gray

GENUS *Thalictrum* **FAMILY** Ranunculaceae

COMMON NAMES Western meadowrue

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The fruit are used to spice meat and soup.
The young leaves are eaten raw or cooked.

DESCRIPTION

A herb. It grows 30-100 cm tall. It has rhizomes or underground stems. Young leaves are purplish. The leaves have 3-4 leaflets and these have rounded lobes at the end. The leaves are 1-3 cm long. Male and female flowers are on separate plants. There are several greenish flowers.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 555

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4d6abd14-593f-4c3d-9fa5-ec3365ada6ff