PLANT FACT SHEET

Nidorella ivifolia (L.) J. C. Manning & Goldblatt

GENUS *Nidorella* **FAMILY** Asteraceae

COMMON NAMES Bakbos, Oondbos

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as a vegetable.

DESCRIPTION

A shrub. The leaves have teeth. The flowers are small and creamy white.

HABITAT

It is a tropical plant. It grows between 5 to 1,920 m above sea level.

REFERENCES

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4d75eef2-59b2-4bb0-a356-d99ffb6ab700