PLANT FACT SHEET

Aerva sanguinolenta (L.) Roxb.

GENUS *Aerva* **FAMILY** Amaranthaceae

COMMON NAMES Climbing wool-plant

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are used to make a fermenting cake from which liquor in distilled.
The leaves are eaten as a pot herb.

DESCRIPTION

A deciduous herb. It grows 0.4-1 m tall. The stems are weak and straggling. They are rounded and have a channel. They are velvety with white hairs. The leaves have leaf stalks. The leaves are 2.5-10 cm long and 1-5 cm wide. They are oval to sword shaped. They have grey hairs on both surfaces. The flowers are whitish. The fruit is a capsule 1 mm long.

HABITAT

A tropical plant. It grows on hillsides and open forests between 1,100-2,300 m above sea level. It grows in dry places in Nepal to about 1400 m altitude.

PRODUCTION

Cultivation

Plants are grown from seed. They can also be grown from cuttings.

NOTES

There are about 10 Aerva species in warmer climates.

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