PLANT FACT SHEET

Stellaria ovata Willd. ex Schldl.

GENUS *Stellaria* **FAMILY** Caryophyllaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

REFERENCES

Kew Plants of the World onLine

Pena, F. B., et al, 1998, Los quelites de la Sierra Norte de Puebla, Mexico: Inventory Y Formas de Preparacion. Bol. Soc. Bot. Mexico 62:49-62

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4da2957f-7ef6-4bb6-b177-7c19c781ac6a