PLANT FACT SHEET

Pilea bracteosa Wedd.

GENUS *Pilea* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. It has stolons or runners. It grows 15-30 cm tall. The leaves are oval and 3-9 cm long by 2-4 cm wide.

HABITAT

It is a subtropical plant. In China it grows in moist places in broad-leaved forests between 1,800-2,800 m above sea level.

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