PLANT FACT SHEET

Campanula sibirica L.

GENUS *Campanula* **FAMILY** Campanulaceae

COMMON NAMES Large bellflower

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves

The leaves are eaten as a cooked vegetable and also in salads.

DESCRIPTION

A herb. The flowers are tube shaped and purple and hang down.

HABITAT

It is a temperate plant.

REFERENCES

Redzic, S. & Ferrier, J., 2014, The Use of Wild Plants for Human Nutrition During a War: Eastern Bosnia (Western Balkans). Chapter 9 in A. Pieroni, C. L. Quave (eds.), Ethnobotany and Biocultural Diversities in the Balkans,Springer Science

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4df8a7c7-5efb-45cf-9c54-d4d36d9f2493