PLANT FACT SHEET

Gracilaria tenuistipitata Chang et Xia

GENUS *Gracilaria* **FAMILY** Gracilariaceae

EDIBLE PARTS AND USES

Edible parts: Algae, Frond, Seaweed

DESCRIPTION

A red seaweed.

HABITAT

It is a tropical plant.

REFERENCES

http://www.seavegetables.com (As var. liui)

Xia, B., and Abbott, I.A., 1987, Edible seaweeds of China and their place in the Chinese diet. Economic Botany 41:341-53

Yang, J., et al, 2012, Aqueous Extracts of the Edible Gracilaria tenuistipitata are Protective Against H2O2-Induced DNA Damage, Growth Inhibition and Cell Cycle Arrest. Molecules 2012, 17, 7241-7254

Yangthong, M. et al, 2009, Antioxidant Activities of Four Edible Seaweeds from the Southern Coast of Thailand. Plant Foods for Human Nutrition 64:218-223

Zemke-White, W. L. & Ohno, M., 1999, World seaweed utilisation: An end-of-century summary. Journal of Applied Phycology 11: 369-376 (var. liui)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4e0d48b9-ea4c-4e6d-863f-68272df1893e