PLANT FACT SHEET

Thymus hyemalis Lange

GENUS *Thymus* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers - tea

The flowering aerial parts are used for herbal tea. They are also used as seasoning for olives, rice and meat dishes.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

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Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4e28811e-11ce-44e8-99d0-88fd433f3e1e