PLANT FACT SHEET

Pinanga sclerophylla Becc.

GENUS *Pinanga* **FAMILY** Arecaceae

COMMON NAMES Abiking-tigas

EDIBLE PARTS AND USES

Edible parts: Cabbage, Palm heart

The bud is cooked and eaten.

DESCRIPTION

A small and slender palm. It grows about 4 m tall. The leaves are about 1 m long and made up of leaflets along the stalk. The leaves have about 70 segments. These are evenly spread out, thick and rigid. They are 1-ribbed and narrow. The veins are prominent giving the leaflets the appearance of lines along them. The tip of the leaflets can be toothed. The flower is a spike arranged around a central axis. It has several branches arranged in a spiral. The fruit is broad and oval 13 mm by 8-9 mm. The fruit has a prominent beak.

HABITAT

A tropical plant. They are found in forests in Mindoro in the Philippines at altitudes about 1500 m. It suits tropical and subtropical locations. It needs a shady position.

REFERENCES

Jones, D.L., 2000, Palms of Australia 3rd edition. Reed/New Holland. p 205

Monsalud, M.R., Tongacan, A.L., Lopez, F.R., & Lagrimas, M.Q., 1966, Edible Wild Plants in Philippine Forests. Philippine Journal of Science. p 514

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4e45ce26-8f67-462a-b71d-8aa52bf5eb72