PLANT FACT SHEET

Crepis elongata Babc.

GENUS *Crepis* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young shoots are eaten as a vegetable.

DESCRIPTION

A herb. It has an underground stem or rhizome. It keeps growing from year to year. It has one or a few stems 25-65 cm tall. They are hairy at the top. The leaves are mostly at the base and in a ring. They are narrowly oval and 5-16 cm long by 1-2 cm wide. The leaf stalk has a wing.

HABITAT

It is a temperate plant. It grows on mountain slopes between 2,600-4,200 m above sea level. In Sichuan and Yunnan.

REFERENCES

Gautam, R. S., et al, 2022, Ethnobotanical Review of Wild Edible Plants of Nepal. Journal of Natural History Museum Volume 32, 2021-22 p 106

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4e568340-1358-41af-beee-e6e5af9d6b55