PLANT FACT SHEET

Rumex confertus Willd.

GENUS *Rumex* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used in soup. They are also eaten fresh.

DESCRIPTION

A herb. The stems are erect. It grows 40-50 cm tall.

HABITAT

It is a temperate plant.

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