PLANT FACT SHEET

Caloncoba glauca (P. Beauv.) Gilg

GENUS *Caloncoba* **FAMILY** Achariaceae

COMMON NAMES Otiosa

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A small tree. It grows 15 m tall. The leaves are narrowly oval. They are 10-25 cm long by 4-8 cm wide. There are teeth along the edge. The flower petals are white. The stamens are orange. The fruit is a round capsule 6-7 cm long by 5-6 cm wide.

HABITAT

It is a tropical plant. It grows on the fringes of the forest in West Africa.

NOTES

It is used in medicine.

REFERENCES

Abbiw, D.K., 1990, Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew. p 46

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Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 123

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