PLANT FACT SHEET

Hydrophyllum appendiculatum Michx.

GENUS *Hydrophyllum* **FAMILY** Boraginaceae

COMMON NAMES Hairy waterleaf, Woolen breeches

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves

The young shoots are eaten as a salad.

DESCRIPTION

A herb. It grows 40 cm tall. The stems are zigzag between the leaves. The lower leaves have 5 lobes.

HABITAT

It is a temperate plant. It grows in forests on limestone.

NOTES

There are 8 Hydrophyllum species. They grow in North America. Also put in the family Hydrophyllaceae.

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/4f035034-8ff9-492d-b2d9-ed44a608e891